

## *Fourth Sunday after the Epiphany*

9AM - January 28, 2024 - Year B



*Jesus calls out an unclean spirit.*

*Mark 1.21-28*

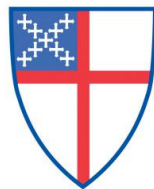
*Painting by the Dutch Limbourg Brothers in the 15th century French manuscript  
Tres Riches Heures.*

St. Elizabeth's Episcopal Church  
*A Community of Prayer for All People*

720 North King Street • Honolulu, HI 96817

Phone 845-2112

# God loves you. No exceptions.



**The Episcopal Church Welcomes You.**

St. Elizabeth's Episcopal Church

Website: stelizabeth720.org Email: stelizabethhawaii@gmail.com

## **Clergy**

The Right Reverend Robert L. Fitzpatrick - V Bishop of Hawai'i

Mother Jodene Hawkins & Rev. David J. Gierlach, Esq. - Rector Emeriti

The Rev. Prof. Gregory Johnson - Priest for Pastoral Care

The Rev. Imelda S. Padasdao - Priest Associate

Father Mafi Vakameilalo - Priest Associate

## **Staff & Leadership**

Cathy Lowenberg - Senior Warden

Bill Slocumb - Parish Administrator

Hsiao Ying "Ajaon" Chen - Choir Director

Timothy Cubero Jr. - Organist

Charles Steffey - Sexton

Tricia Castro - Treasurer

Darsha Lee - Secretary/Clerk

## **Vestry**

2023: Joy Dantsuka - Doug Ing

2024: Tricia Castro - Darsha Lee - Bonnie Lu

2025: Lisa Arakawa - Gretchen Jong - Varney Kamara

Shellianne Steffey - Youth Representative

## **St. Elizabeth's Search Committee**

Stuart Ching - Chair

Harlan Arakawa - Dawn Morais - Janyra White - Arleen Young

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# The Episcopal Diocese of Hawai'i

*He Lanakila Ma Ke Ke'a ~ Victory Through The Cross*

## Organ Prelude

*Please stand as you are able.*

## Processional Hymn (vs 1-4)

437

1 Tell out, my soul, the great-ness of the Lord!  
2 Tell out, my soul, the great-ness of his Name!  
3 Tell out, my soul, the great-ness of his might!  
4 Tell out, my soul, the glo - ries of his word!

Un - num - bered bless - ings give my spi - rit voice;  
Make known his might, the deeds his arm has done;  
Powers and do - min - ions lay their glo - ry by.  
Firm is his prom - ise, and his mer - cy sure.

ten - der to me the prom - ise of his word;  
his mer - cy sure, from age to age the same;  
Proud hearts and stub - born wills are put to flight,  
Tell out, my soul, the great - ness of the Lord

in God my Sa - vior shall my heart re - joice.  
his ho - ly Name—the Lord, the Might - y One.  
the hun - gry fed, the hum - ble lift - ed high.  
to chil - dren's chil - dren and for ev - er - more!

*Celebrant* Blessed be God: Father, Son, and Holy Spirit.

*People* **And blessed be God's kingdom, now and for ever. Amen.**

## Gloria (vs 2)

421

1 All glo - ry be to God on high, and peace on earth from  
2 O Lamb of God, Lord Je - sus Christ, whom God the Fa - ther  
3 You on - ly are the Ho - ly One, who came for our sal -  
hea - ven, and God's good will un - fail - ing - ly be  
gave us, who for the world was sac - ri - ficed up -  
va - tion, and on - ly you are God's true Son, who  
to all peo - ple giv - en. We bless, we wor - ship you, we raise for  
on the cross to save us; and, as you sit at God's right hand and  
was be - fore cre - a - tion. You, on - ly, Christ, as Lord we own and,  
your great glo - ry thanks and praise, O God, Al-might - y Fa - ther.  
we for judg - ment there must stand, have mer - cy, Lord, up - on us.  
with the Spi - rit, you a - lone share in the Fa - ther's glo - ry.

## Collect of the Day

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

*Celebrant* Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

*Please sit as you are able.*

A reading from the book of Deuteronomy.

The LORD spoke unto Moses, saying: “I will raise up for the Israelites a prophet like you from among their own people. I will put my words in his mouth, and everyone who does not heed them will be held accountable; and anyone who speaks in the name of other gods, or says what I have not commanded, shall die.”

*Lector*     The Word of the Lord.

*People*     **Thanks be to God.**

## Psalm 111

*Confitebor tibi*

1 Hallelujah! I will give thanks to the Lord with my whole heart, \*  
**in the assembly of the upright, in the congregation.**

2 Great are the deeds of the Lord! \*  
**they are studied by all who delight in them.**

3 His work is full of majesty and splendor, \*  
**and his righteousness endures for ever.**

4 He makes his marvelous works to be remembered; \*  
**the Lord is gracious and full of compassion.**

5 He gives food to those who fear him; \*  
**he is ever mindful of his covenant.**

6 He has shown his people the power of his works \*  
**in giving them the lands of the nations.**

7 The works of his hands are faithfulness and justice; \*  
**all his commandments are sure.**

8 They stand fast for ever and ever, \*  
**because they are done in truth and equity.**

9 He sent redemption to his people; he commanded his covenant for ever; \* **holy and awesome is his Name.**

10 The fear of the Lord is the beginning of wisdom; \*  
**those who act accordingly have a good understanding; his praise endures for ever.**

## Second Lesson

1 Corinthians 8:1-13

A reading from Paul's first letter to the Corinthians.

We know that no idol in the world really exists, because there is only one GOD. Indeed, even though there may be many so-called "gods" in heaven or on earth, there is only one GOD for us: the Father, from whom all things were made, and for whom all things exist; and there is only one Lord, Jesus Christ, through whom we exist. So then those who love GOD in Christ have no need for idols, for they already have everything they need to live a life of faith.

*Lector*     The Word of the Lord.

*People*     Thanks be to God.

*Please stand as you are able.*

## Gospel Hymn (vs 1-2)

458

1 My song is love un - known, my Sa - vior's love to me, love  
2 He came from his blest throne sal - va - tion to be - stow, but  
\*3 Some - times they strew his way, and his strong prais - es sing, re -  
\*4 Why, what hath my Lord done? What makes this rage and spite? He  
\*5 They rise, and needs will have my dear Lord made a - way; a

1 to the love - less shown that they might love - ly be. O  
2 men made strange, and none the longed - for Christ would know. But  
3 sound - ing all the day ho - san - nas to their King. Then  
4 made the lame to run, he gave the blind their sight. Sweet  
5 mur - der - er they save, the Prince of Life they slay. Yet

1 who am I that for my sake my Lord should take frail flesh, and die?  
2 O my friend, my friend in - deed, who at my need his life did spend.  
3 "Cru - ci - fy!" is all their breath, and for his death they thirst and cry.  
4 in - ju - ries! Yet they at these them - selves dis - please, and 'gainst him rise.  
5 stead - fast he to suf - fering goes, that he his foes from thence might free.

The Holy Gospel of our Lord Jesus Christ according to Mark.

*People* **Glory to you, Lord Christ.**

Jesus and his disciples went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” But Jesus rebuked him, saying, “Be silent, and come out of him!” And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.” At once his fame began to spread throughout the surrounding region of Galilee.

The Gospel of the Lord.

*People* **Praise to you, Lord Christ.**

## Gospel Hymn (vs 3)

458

## Homily

Fr. Gregory +

*The homily, or sermon, has been required at the Eucharist (Holy Communion) since the time of the 1549 Prayer Book in England. This reflected the practice of explaining the scriptures just read in a service in the early centuries of the Church.*

*Please stand as you are able.*

# The Nicene Creed

*Presider* Let us reaffirm our faith in the words of the Nicene Creed.

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made.**

**For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead +, and the life of the world to come. Amen.**

*Please remain standing.*

## The Prayers of the People

**Insert**

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**"Go home and let your dog lick your face. Dog saliva is the most effective antidepressant you can get without a prescription."**



## Confession

*The Deacon or Celebrant says*

Let us confess our sins against God and our neighbor.

*Silence may be kept.*

*Minister and People*

**Most merciful God, we confess that we have sinned against you  
in thought, word, and deed, by what we have done,  
and by what we have left undone.**

**We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.**

**We are truly sorry and we humbly repent. For the sake of your Son  
Jesus Christ, have mercy on us and forgive us;  
that we may delight in your will, and walk in your ways,  
to the glory of your Name. Amen.**

## The Queen's Prayer *Sung by all*

‘O kou aloha nō  
Aia i ka lani  
A ‘o Kou ‘oia ‘i‘o  
He hemolele ho‘i

Ko‘u noho mihi ‘ana  
A pa‘ahao ‘ia  
‘O ‘oe ku‘u lama  
Kou nani ko‘u ko‘o

Mai nānā ‘ino‘ino  
Nā hewa o kānaka  
Akā, e huikala  
A ma‘ema‘e nō

No laila e ka Haku  
Ma lalo o kou ‘ēheu  
Kō mākou maluhia  
A mau loa aku nō

‘Āmene

*Your loving mercy  
Is as high as Heaven  
And your truth  
So perfect*

*I live in sorrow  
Imprisoned  
You are my light  
Your glory, my support*

*Behold not with malevolence  
The sins of man  
But forgive  
and cleanse*

*And so, o Lord  
Protect us beneath your wings  
And let peace be our portion  
Now and forever more*

*Amen*

# Absolution of Sins

*Celebrant* Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

# The Peace

*Celebrant* The peace of the Lord be always with you.  
*People* And also with you.

# Announcements & Offertory

Online Giving Option



# The Holy Communion

## Offertory Sentence

## Offertory Music

Tongan Choir

## Doxology

Ho‘onani i ka Makua mau	Let us give praise to the eternal Father,
Ke Keiki me ke ka ‘Uthane nō	To the Son and to the Holy Ghost.
Ke Akua mau, ho‘omaika‘i pū	To God everlasting, let there ring praise
Ko kēia ao ko kēlā ao.	Both in this world as well as the kingdom

Sheet music for the Doxology, featuring a melody line and a bass line. The melody line includes lyrics in Tongan and English. The bass line provides harmonic support. The music is in 4/4 time and G major.

Lyrics (Tongan):  
Ho'o - na - ni i ka Ma - ku - a mau,  
Ke Kei - ki me ka 'U ha - ne nō,  
Ke Aku - a mau ho'o - mai - ka'i pū,  
Ko kē - ia ao, ko kē - lā ao. 'Ā - mene.

Lyrics (English):  
Let us give praise to the eternal Father,  
To the Son and to the Holy Ghost.  
To God everlasting, let there ring praise  
Both in this world as well as the kingdom

# The Great Thanksgiving

Eucharistic Prayer D

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Lift up your hearts.

*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.

*People* **It is right to give him thanks and praise.**

*Then, facing the Holy Table, the Celebrant proceeds*

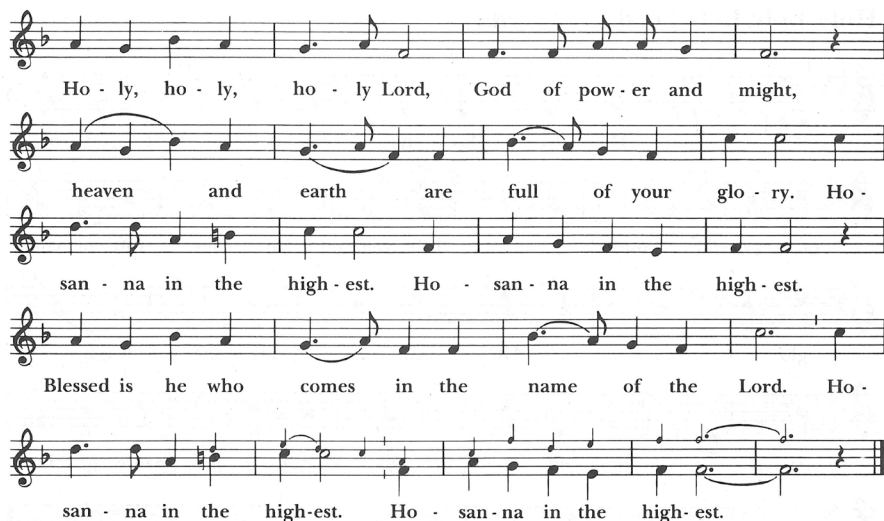
It is truly right to glorify you, Father, and to give you thanks; for you alone are God, living and true, dwelling in light inaccessible from before time and for ever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance.

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

*Celebrant and People*

## Sanctus



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,  
heaven and earth are full of your glo - ry. Ho -  
san - na in the high - est. Ho - san - na in the high - est.  
Blessed is he who comes in the name of the Lord. Ho -  
san - na in the high - est. Ho - san - na in the high - est.

We acclaim you, holy Lord, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, giving the whole world into our care, so that, in obedience to you, our Creator, we might rule and serve all your creatures.

Father, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, he lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom; to the sorrowful, joy. To fulfill your purpose he gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for him who died and rose for us, he sent the Holy Spirit, his own first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for him to be glorified by you, his heavenly Father, having loved his own who were in the world, he loved them to the end; at supper with them he took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Father, we now celebrate this memorial of our redemption. Recalling Christ's death and his descent among the dead, proclaiming his resurrection and ascension to your right hand, awaiting his coming in glory; and offering to you, from the gifts you have given us, this bread and this cup.

*Celebrant and People*

**We praise and thank you, O Lord, our God.**

Lord, we pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ.

Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, Lord, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

And grant that we may find our inheritance with the Blessed Virgin Mary, with patriarchs, prophets, apostles, and martyrs, and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Lord.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God and Father, in the unity of the Holy Spirit, for ever and ever.  
AMEN.

## **The Lord's Prayer**

*Celebrant* And now, as our Savior Christ has taught us, we are bold to say:

**Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## **The Breaking of the Bread**

*Celebrant* Alleluia! Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast. Alleluia!**



## Invitation

*Celebrant* These are the gifts of God for the people of God. Take them in remembrance that Christ died for you, and feed on him in your heart by faith, with thanksgiving.

## Holy Communion

*All baptized Christians of any tradition are welcome to receive Holy Communion. If you are unable to come to the altar, please notify an usher. If you are not baptized, please come to the altar to receive God's blessing. The appropriate response after receiving the Body and Blood of our Lord is "Amen."*

## Prayer after Communion

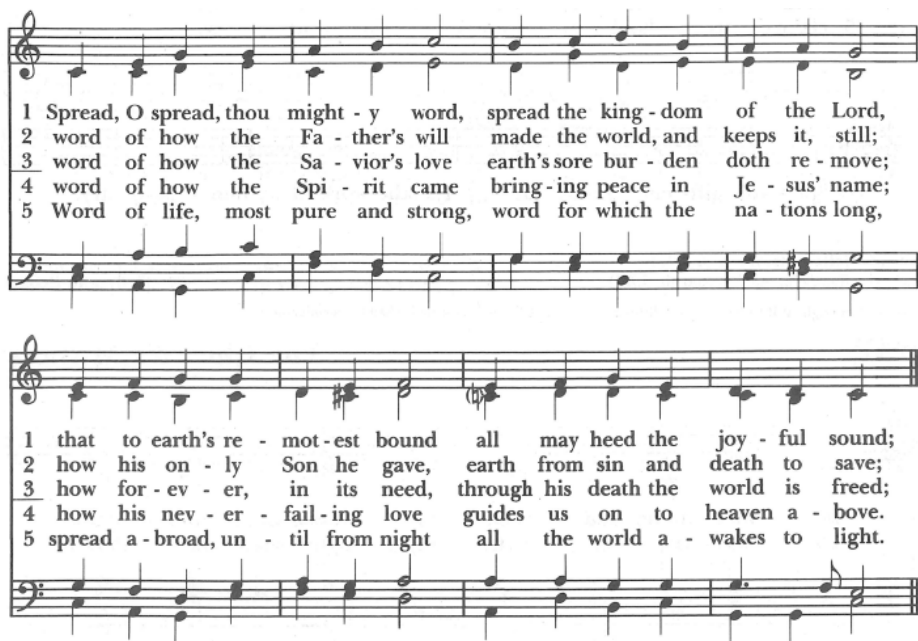
*Celebrant* Let us pray.

*People* **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## Blessing

## Sending Hymn

530



1 Spread, O spread, thou might - y word, spread the king - dom of the Lord,  
2 word of how the Fa - ther's will made the world, and keeps it, still;  
3 word of how the Sa - vior's love earth's sore bur - den doth re - move;  
4 word of how the Spi - rit came bring - ing peace in Je - sus' name;  
5 Word of life, most pure and strong, word for which the na - tions long,

1 that to earth's re - mot - est bound all may heed the joy - ful sound;  
2 how his on - ly Son he gave, earth from sin and death to save;  
3 how for - ev - er, in its need, through his death the world is freed;  
4 how his nev - er - fail - ing love guides us on to heaven a - bove.  
5 spread a - broad, un - til from night all the world a - wakes to light.

## Until We Meet Again

*Deacon* Go in peace to love and serve the Lord.

*People* Thanks be to God! Alleluia!

## Organ Postlude

# WORSHIP SERVICES

Sunday Eucharist	Sundays	9:00 AM
Sunday School	Sundays	9:00 AM
Ilokano Eucharist	1st Sunday	11:00 AM
Healing Eucharist	Wednesdays	9:30 AM

## Ash Wednesday

**February 14 9:30 AM & 6:00 PM**

## Palm Sunday

**March 24 9:00 AM**

# MINISTRY & OUTREACH OPPORTUNITIES

Wallyhouse	Monday, Wednesday, Friday, Saturday	8:00 am -
Noon	Tuesday, Thursday	8:00 am -
10:30 am	Hot Meals: Tuesday & Thursday	11:00 am -
Noon		

+ Making Bags

+ Distributing Bags

+ FoodBank/Aloha Harvest Delivery

Loaves & Fishes/ Hot Breakfast	Saturdays	6:30–9:00 am
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